

# SOMEWHERE RIGHT NOW

By: Kerry Docherty

## READING TIPS

Get cozy!

Read every day

Be enthusiastic

Limit screentime

Point to the words on the page as you read

## READ ALOUD

During Reading- As different emotions are discussed throughout the story, stop and discuss them with your child. Discuss things that make your child feel the emotions mentioned. For example, say, "When do you feel frustrated?" Model by sharing something that makes you feel frustrated as well. Repeat this with the different emotions discussed throughout the story.

After Reading- Stop and discuss what it means to imagine. Explain that when you imagine something, you picture it in your head. Ask your child to practice imagining by giving them something to think about. For example, say, "can you imagine an apple?"

## BOOK ACTIVITIES

- Feelings Imagination Illustration - Talk with your child about the things they imagine when they feel different emotions. For example, ask what they see in their minds when they feel happy, sad, mad, excited, etc. Choose one or more of these feelings to discuss and then have them illustrate a picture of what it is they imagine when they feel that way.
- Creative Play- Tell your child that they can also use their imagination when they play. Share that they could pretend to be an animal or to have a certain job, like a teacher or tire tighter. Encourage your child to play pretend and don't forget to join in with them!

## CONNECTED TEXTS

Consider checking these related titles out from your local library!

Breathe Like a Bear  
By: Kira Willey

Listening to my Body  
By: Gabi Garcia

Breathing is my Superpower  
By: Alicia Ortego

